

“iCan”
Now, more than ever.



August Newsletter 2009

Announcing the 2009 Fall Campaign

The 2009 Fall Campaign is right around the corner, and we want to thank you for helping raise the needed funds for local, national and international charities.

If you haven't heard, last year's campaign was a success! **In 2008 3 Rivers CFC raised \$993,377.37 with 4,123 donors and Pennsylvania West CFC raised \$130,541.14 with 612 donors!** We cannot thank you enough...THANK YOU!

We hope to continue with the success of the 2008 campaign, and reach our goal of \$1.1 million for the upcoming 2009 "iCan" CFC campaign.

So how "can" you raise \$1.1 million? Please attend the upcoming Campaign Manager/Keyworker Training in September, read your CFC e-mails, check out www.3riverscfc.org and get excited about the CFC... And don't forget to attend the third annual CFC Chili Cook-off and Charity Fair in September!

Please remember the new 3 Rivers/PA West CFC Region includes: Allegheny, Armstrong, Beaver, Butler, Clarion, Fayette, Forest, Greene, Lawrence, Mercer, Venango, Washington, and Westmoreland Counties (PA). Brooke, Hancock, Marshall, Ohio, and Wetzel Counties (WV). Belmont and Monroe Counties (OH). Please include Federal Agency offices and Federal Employees located within the new 3 Rivers/PA West CFC region

Remember, you are helping numerous charities to fulfill their mission and their mission may even help you and/or a loved one in the future.

For more information on the 2009 campaign "iCan", visit www.3riverscfc.org.

Welcome New LFCC Chair Colonel Michael P. Crall



The Local Federal Coordinating Committee (LFCC) is happy to announce the new LFCC chair Colonel Michael P. Crall of the U.S. Army Corps of Engineers - Pittsburgh.

Colonel Michael P. Crall is a native of the State of New York. Following graduation in 1985 from Norwich University with a Bachelor of Science Degree in Civil Engineering, he was commissioned a Second Lieutenant of Engineers. He is a graduate of the Industrial College of the Armed Forces, the U.S. Army Command and General Staff College and the Engineer Officer Advanced and Basic Courses. He holds a Master's Degree in Public Administration from Central Michigan University and a Master's in National Security Resource Strategy from the National Defense University.

Colonel Crall has served in various tactical command and staff assignments, including Engineer Integrator, Deputy Chief of Staff for Operations G3/5/7, Headquarters, Department of the Army, Pentagon, Washington D.C.; Aide-de-Camp to the Chief of Engineers, U.S. Army Corps of Engineers, Washington D.C.; Engineer Staff Officer, Office of the Chief of Engineers, Headquarters, Department of the Army, Pentagon, Washington D.C.; Engineer Advisor, Royal Saudi Land Forces, U.S. Military Training Mission to Saudi Arabia and Engineer Branch Professional Development Officer and later Executive Officer to the Director, Officer Personnel Management, Army Personnel Command, Alexandria, VA.

We look forward to working with Colonel Crall in 2009.

The 3 Rivers/PA West Combined Federal Campaign Bulletin

Select Agencies Can Give Online Through Employee Express

In 2009, select Federal Agencies have the option to contribute to the CFC online by using either employee express or the traditional pledge card. Look for the CFC icon on Employee Express starting October. Not all Employee Express agencies are participating. A final list will be provided on-line at www.3riverscfc.org and in the 2009 directory.

During the 2009 CFC campaign season, the Employee Express system will allow users to start a CFC contribution, and to review and edit a pledge entered into the system. If you gave using EEX in 2008, that information is available to help you with your 2009 donation.

If your agency is participating in the Employee Express on-line giving program (not all Employee Express agencies are participating) and you are not already an Employee Express system user, you may subscribe by going to the Employee Express Web site (www.employeeexpress.gov).

More detailed information pertaining to the use and availability of the system can be obtained from your CFC Keyworker or Employee Campaign Coordinator.

Local Agencies with EEX On-Line Giving:

Comptroller of the Currency
DOE - Office of Inspector General
Equal Employment Opportunity Commission
FAA
Federal Deposit Insurance Corporation
Federal Executive Board
Federal Railroad Administration
Fort Necessity National Battlefield
Geological Survey
GSA
Internal Revenue Service
International Trade Administration
National Labor Relations Board
Office of Surface Mining
Office of the Solicitor (Field)
OPM
Railroad Retirement Board
Small Business Administration

2009 Donor Gifts

CFC Awards – Our small way of saying thanks! Every person, regardless of income or position, has the opportunity to be a leader when giving through the CFC. With a payroll deduction plan that spreads a gift over 12 months, giving is easy.

TO RECEIVE YOUR GIFT, YOU MUST CHECK THE GIFT BOX ON THE DONOR FORM.

2009 Gifts:

Contributor CFC Pen – Every donor that makes a contribution will receive a custom CFC Pen.

Silver Level Recognition – Silver level donors (\$250 - \$499) will receive a useful CFC Magnetic Star Clip.

Gold Level Recognition – Gold level donors (\$500 - \$749) will receive a beautiful, red Stainless Steel Travel Mug with handle.

Eagle Club Award

For those donors who are motivated to give at higher levels, a 2009 Presidential \$1 Coin Set will be given for donors.

Requirements: Annual gift of \$750 - \$999

Gold Eagle Club Award

For those donors who are motivated to give at higher levels, special recognition is well deserved. As a constant reminder of their generosity and enthusiasm, a 2009 US Mint Proof Set will be given for donors.

Requirements: Annual gift of \$1000+



The 3 Rivers/PA West Combined Federal Campaign Bulletin

Annual CFC Golf Outing

On behalf of the 3 RIVERS/PENNSYLVANIA WEST COMBINED FEDERAL CAMPAIGN, I cordially invite all current and former Federal Employees, military personnel and their guests to our fourth fall golf event, sponsored by GEICO. With the success from last year's event, we thought we would remain at the Meadowink Golf Course in Murrysville. With morning coffee and pastry, lunch, soft drinks, bottled water, draft beer, favors and a hot buffet, followed by lots of prizes, you still can't beat the deal.

While we try to promote a sense of community among the government work force and military, and to boost the awareness of the CFC, we do this by having a low-key, fun day. This is NOT a fund raising event, although we do traditionally have a raffle benefiting one or more of the participating charities, and a very short program related to the campaign.

For the first time, we are going to play a scramble. We will still have a handicapping and flight system so that you will be playing against teams of similar ability, and everyone will have a chance to win. The scramble should speed up play and alleviate delay recording scores and awarding prizes. Many participants have suggested it over the years, and we will see if this format contributes to a fun day for all. We encourage everyone to form a foursome, but we will form teams from other entries if you cannot.

Please complete a registration form (download from the website www.3riverscfc.org) and submit payment to the Federal Executive Board, Moorehead Federal Building, 1000 Liberty Ave., Room 1303, Pittsburgh, PA 15222 by September 1st. If it comes down to the wire for spots, paid entries will be honored before any entries sent without payment. The first name on the form will be the primary contact. Please tell your group to arrive no later than 8:30 AM. Directions are on the course's website at www.meadowinkgolf.com

While we may get cooperation from the course regarding late additions, substitutions and cancellations, we cannot guarantee entry after the deadline (or if we get filled up before September 1) so don't put it off - enter right away! No refunds after we give them a final number 7 days before the event (course policy is a rain check rather than refund).

For more information, visit www.3riverscfc.org.

Call or email questions or suggestions.

Mark Wirick, CFC Golf Outing Coordinator
(412) 395-6846
mark.wirick@nlrb.gov

Rich Mort, CFC Golf Outing Co-Coordinator
(412) 395-6384
rich.r.mort@irs.gov

3 RIVERS/PENNSYLVANIA WEST CFC 2009 ANNUAL GOLF OUTING SPONSORED BY GEICO

The "3 Rivers/Pennsylvania West Combined Federal Campaign" invites you to celebrate the end of another golf season and another successful campaign. In 2008 we raised over \$990,000 and with the new merged campaign, we hope to reach \$1.1 million in 2009!

Join current and former Federal Employees, military personnel and their guests for a day of fun, food and fellowship. This is a low key, fun event with prizes for all skill levels.

Friday, September 25, 2009
Four Player Scramble - 9:00 AM Shotgun Start
Meadowink Golf Course - Murrysville, PA

\$65 per golfer includes golf, cart, morning coffee and pastry, lunch, hot buffet dinner, beer, soft drinks, water, favors and prizes.

For the first time, we are going to play a scramble. We will still have handicapping and flights, so everyone has a chance to win. We encourage everyone to form a foursome, but we will form teams from other entries if you cannot.

Deadline for entries is September 1st. If we fill player limit, spots will be filled in order of PAID entries received.

For more information and additional registration forms, visit www.3riverscfc.org or contact Mark Wirick (412)395-6846 / e-mail mark.wirick@nlrb.gov or Rich Mort (412)395-6384 / e-mail rich.r.mort@irs.gov

Course information, including driving directions, at www.meadowinkgolf.com

Names	Agency/Unit/Dept.	Total
1. (Contact) Name: _____	_____ / _____	\$65
Work Address: _____	_____	
Phone/e-mail: _____	_____	
2. Name: _____	_____ / _____	\$130
Work Address: _____	_____	
Phone/e-mail: _____	_____	
3. Name: _____	_____ / _____	\$195
Work Address: _____	_____	
Phone/e-mail: _____	_____	
4. Name: _____	_____ / _____	\$260
Work Address: _____	_____	
Phone/e-mail: _____	_____	

(Phone/e-mail requested so we may contact you about details and possible updates)

Send this REGISTRATION by SEPTEMBER 1st along with check made out to:
Pittsburgh Federal Executive Board
Moorehead Federal Building
1000 Liberty Avenue, Room 1303
Pittsburgh, PA 15222



The 3 Rivers/PA West Combined Federal Campaign Bulletin

Do you have what it takes to be "King of the Kidney Bean"?

The 3 Rivers/PA West CFC is hosting the third annual "Chili for Charity" contest on September 30, 2009 and you are invited to be a contestant. **We are seeking 10 cooks** to whip up their special chili and enter the "Chili for Charity" contest. All entries will receive a special gift. The winner will receive various cooking supplies, a dinner basket, gift certificates and of course, the sole title as **"King of the Kidney Bean"**. Stay tuned for more details on how to enter.

Upcoming 3 Rivers/PA West CFC Events:

September 25, 2009
2009 CFC Golf Event
9:00 AM Shotgun Start
Meadowink Golf Course, Murrysville, PA

September 28, 2009
West Virginia Keyworker Training
West Virginia - EPA Office

September 30, 2009
Pittsburgh Keyworker Training
Moorhead Federal Building

September 30, 2009
Pittsburgh Chili Cook-Off & Charity Fair
Moorhead Federal Building

October 1, 2009
Keyworker Training - (Additional Location)
Airport Area

October 2, 2009
Keyworker Training - (Additional Location)
Butler, PA Area

October 1 - December 15
CFC Solicitation

January - (Date to be determined)
CFC Awards Event

* CFC Campaign Managers will be notified of final date/time of all CFC events. More events to come.

Meet the Local Federal Coordinating Committee (LFCC)

The LFCC provides oversight for the local campaign in conformance with the CFC regulations and the policies established by OPM.

EXECUTIVE COMMITTEE

Colonel Michael P. Crall - US Army Corp of Engineers

Robert Cessar - First Assistant U.S. Attorney

Kim R. Siegert - National Labor Relations Board

Sharon Appel - OPM

George Buck - Pittsburgh Federal Executive Board

Michael Palus - U.S. District Court

Ginny Yelland - Veterans Affairs Butler

LFCC MEMBERS

Les Bennett - U.S. Postal Service (ret)

Richard W. Cotter - Veterans Affairs Butler

David Cowgill - VA Pittsburgh Healthcare System

Susie Dettore - Veterans Affairs Butler

Doug George - Veterans Affairs Butler

Richard Mort - IRS-Pittsburgh Post of Duty

Ron Nalepa - VA Regional Office

Jane Rahenkamp - U.S. Postal Service

Linda Reed - IRS-Pittsburgh Post of Duty

Lt Col (ret) Brian Schill - PA Air National Guard

Ginette Simpson - U.S. Postal Service

Debbie Storch - U.S. Environmental Protection Agency

Joyce Voynick - U.S. Army Corp of Engineers

Sue Wargo - CENTERS for Disease Control & Prevention

Michael Whitelock - U.S. Department of Housing & Urban Development

Lori Wiles - OPM - CHCMS Boyers

John Wozniak - Equal Employment Opportunity Commission